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<u>Charlevoix</u>



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**January 18, 2018** 



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### By Michelle Medjesky

CHARLEVOIX - Fire investigators have determined that melting snow that leaked into a circuit box was the cause of a fire that destroved two businesses and damaged several others at the Oleson's Plaza in downtown Charlevoix earlier this month.

The Michigan State Police Fire Investigative unit found the fire that started in the kitchen of the Harbor View Cafe in the Oleson's Plaza on January 3 was caused by snow that leaked into a circuit box and incited an explosion, causing the fire and smoke that spread into neighboring businesses.

Firefighters were called to the scene at the corner of Antrim and Bridge Streets around 8 p.m. that Wednesday night to find the restaurant fully engulfed in flames and thick, black smoke billowing from the roof.

Charlevoix Township firefighters were assisted by East Jordan and Boyne City fire departments, which worked together until around midnight to extinguish the fire, but crews remained on the scene into the pre-dawn hours the next day to assure it did not re-ignite.

The Harbor View Cafe was deemed a total loss, as was the business next door, The Spa Charlevoix.

Four other businesses in the strip mall called Oleson's Plaza were forced to close until further notice due to serious smoke and water damage, including Picture This, Pizza Girl and the Charlevoix Barber Shop. No injuries were reported. Oleson's grocery store also

had to close temporarily due to water and smoke damage



and the Michigan Department of Agriculture later seized its inventory of food products for investigation and determined it needed to be destroyed.

The grocery store has since been re-stocked and was re-opened for business last week.

Charlevoix Township fire chief Dan Thorp deferred

comment about the cause of the fire to the state fire investigative unit because its marshals were charged with examining the case.

Thorp did note, however, that the restaurant fire was not deliberately set. "There was no arson, none of that,' he said.

State fire investigators are simply better equipped to

comment on fires of this nature. Thorp explained, since they have years of extensive schooling and experience in deciphering the many nuances involved in the genesis of such a large fire.

'They have years and years of training and many years of experience...and they deal with these (fire investigations) every day," said Thorp.

He added there are other factors in an incident like this that are easier for state fire officials to facilitate, like dealing with insurance reports and follow-up procedures.

Sgt. Daniel Drew, who supervised the Harbor View Cafe fire investigation for the Michigan State Police Fire Investigative Unit, was unavailable to comment on further details of the fire's cause before press time.

### Two Convicted of Sexual Assaults on **Children Sentenced**

In the 33rd Circuit Court this morning, Anthony Atkinson, 38, of Charlevoix, was sentenced to 30 to 50 years in prison for sexually assaulting an 11-year-old child. Atkinson had pleaded guilty on Nov. 10, 2017 to two counts of Criminal Sexual



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Permit No. 70 Gaylord, MI **DIA9 US Postage** Standard Mail Family Fun Games, Winter Dance Party and much more indoor and outdoor seasonal fun.

There will also be a Sno-Blast Coloring Contest with prizes being awarded in four age groups; 5 and under, 6 to 10, 11 to 15 and adult. A coloring page is available at the Chamber of Commerce or online at

The EJ Sno-Mobilers Club on Mt. Bliss Road will host the antique and vintage snowmobile show on Saturday, and Father Chet Collins will hold a "Blessing of the Sleds" at 10am sharp. The delicious and bountiful Sno-Lovers Breakfast will be taking place on Sunday morning at the Club from 7am until noon.

Stop back downtown on Sunday for a Super Bowl Sunday Part at participating businesses from noon until

Beautiful snow sculptures around town are a tradition at the East Jordan Sno-Blast. COURTESY

#### 4pm.

For more information contact the East Jordan Chamber at 231-536-7351 or visit or check out EastJordanSnoBlast on Facebook.

### **37th Annual Sno-Blast Schedule of Events**

Note; some events are dependent on weather conditions

### **FRIDAY, JANUARY 19**

(East Jordan Middle/High School Cafeteria)

4:30 - 7PM; Rotary Chili Supper -Enjoy chili, coleslaw, bread, & beverage. \$7 adults, \$5 seniors & children (12 & under)

5:30PM; Crowning of Winter Knight & Belle of the Blizzard (@ Rotary Chili Supper-E.J. Middle/High Sch). 2018 Candidates:

- Belle of the Blizzard; Lisa Dun-

See Sno-Blast-Page 3



Jonauct, First Degree.

The sentences on the two crimes were identical and will be served concurrently.

Because of the age of the victim, Atkinson faced a mandatory minimum 25-year prison sentence on both charges. Judge Roy C. Hayes III stated that though he had the discretion to run the sentences consecutively he gave the defendant credit for pleading guilty and not putting the child through testifying at a jury trial.

Hayes did, however, departed upward from the sentencing guidelines in fashioning the 30 to 50 year sentence. He did so, as he stated, because the guidelines did not take into account the fact that the two crimes occurred on two consecutive days and the fact that the crimes will impact this child forever.

Also, Robert Arthur Torres, 38, of Charlevoix, was sentenced to 12 months in jail for having sexual contact with a 13-year-old child. Torres was convicted of Criminal Sexual Conduct, Fourth Degree by a jury on Nov. 6, 2017. He was acquitted of a greater charge of Criminal Sexual Conduct, Third Degree.

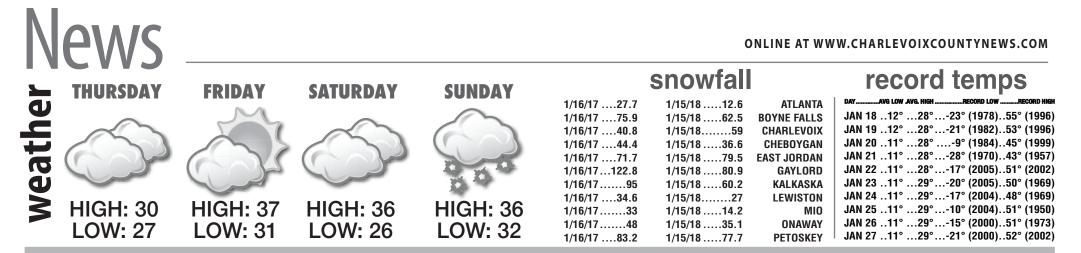
Hayes departed from the sentencing guidelines which called for a minimum sentence of 0 to 9 months because of the defendant's "preposterous" explanation for the crime, his failure to take responsibility and the fact that the child was entrusted in Torres' care at the time

SUBMITTED BY CHARLEVOIX COUNTY PROSECUTING ATTORNEY, ALLEN TELGENHOF

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**ECRWSS POSTAL CUSTOMER** 

#### Page 2A • Charlevoix County News



### OBITUARIES

### James Harvey, 88

(0CT. 31, 1929 - JAN. 12, 2018) James Harvey of

Charlevoix died January 12, 2018. James was born October

31, 1929 in Charlevoix, Michigan, the son of Walter and Marion (Ecker) Harvey. He grew up in Charlevoix and attended Charlevoix High School.

On August 6, 1955, he married Janice Johnson at the Epsilon Church in Petoskey, Michigan.

James proudly served in the United States Air Force. Upon returning to Michigan, he worked for Michigan Maple Block Company, Dunstan Supply Company and Parker Motor Freight. He enjoyed hunting, fishing and golfing.

James is survived by his wife, Janice Harvey of Charlevoix; daughter, Paula (David) Wager; grandchildren, Keisha Wager, Jennifer Armock, Brent Wager and Kristie Harrington; sister, Alice Harvey; brother, Otto (Barbara) Harvey; 3 great grandchildren; and many nieces and nephews.

He is preceded in death by his parents; daughter, Lisa Harington; brother, Tracy Harvey; and an in-



fant twin brother, John Harvey.

A memorial service will be held at the Trinity Missionary Church on Wednesday, January 17th at 11:00am with a one-hour visitation prior to the service. Burial will be in Greenwood Cemetery, Petoskey, Michigan.

The Harvey family suggests memorial donations to Trinity Missionary Church in memory of James.

Stone Funeral Home of Petoskey is in care of arrangements.



(Renting to family?)

I have cousins who are thinking

about moving back to Connecticut from

Virginia. They'll be renting for a while,

and I have an unoccupied rental house.

Do you think renting to family is a bad

Renting to family can work out just

fine, as long as there are clearly under-

ahead of time. Both parties should un-

derstand there must be a landlord and

tenant relationship with regards to all

Tenants have the right to expect a

promptly, pay the taxes and insurance

on a property on time, and do all the

other things a landlord should do as

outlined in the rental agreement. As a

landlord, you have the right to expect

for the tenant to respect the property

the rent to be paid early or on time, and

and guidelines in the rental agreement.

When it comes to these business deal-

ings, you're wearing the landlord cap,

Thanksgiving, Christmas, and other

family events, the caps come off and

you're family. But you don't get to play

the cousin card as a way to keep from

paying rent, and you don't get to play

Phrases like, "Well, I just thought be-

cause you're my cousin" have no place

that game to avoid your duties as a

and they're wearing the renter's cap. At

A landlord also has the right to evict a

tenant through fair, legal process if

they violate the terms of the agree-

aspects of the rental agreement.

landlord to make needed repairs

stood rules and boundaries in place

Dear Dave,

Katherine

Dear Katherine,

idea?

ment.

landlord.



**Dave Ramsey** 

about every aspect of the rental agreement and relationship before anything is signed. If you don't, there's a possibility someone will develop a sense of entitlement about something.

And that's no good in any type of relationship! —Dave

# (No cash businesses?)

Dear Dave,

What is your opinion of businesses that no longer accept cash? Heath

Dear Heath,

Honestly, I think the whole scenario is kind of silly. Businesses that are suddenly into the "no cash" thing lose out on a lot of transactions. Believe it or not, there are still tons of people out there who make purchases only with cash. So, from a business owner's perspective this philosophy can cut into your market share.

I really don't spend a lot of time thinking or worrying about the situation, though. When it comes right down to it, most businesses are doing that kind of thing for one or two reasons. Some of them just think cash is old school, and they want to give the impression they're cutting edge and into technology. Others do it — depending upon the space they're in — because their sales using plastic are higher than with cash.

I'm a cash guy. There are some situations where I might walk away if someone wouldn't accept hard, cold cash, but in most cases I don't think anything about it. I'll just use my debit card, and buy what I need.

# (When can I have some fun?)

Dear Dave,

At what point can you spend, and have a little fun, when you're following the Baby Steps plan?

Jen Dear Jen,

Everyone likes having fun, and there's nothing wrong with spending some cash if you can afford it. I just want people to make sure they have their finances in order first.

I recommend completing the first three Baby Steps before you run out and buy a bunch of toys. Just to review, Baby Step 1 is saving \$1,000 for a starter emergency fund. Baby Step 2 is where you pay off all debt — except for your home — using the debt snowball method. In Baby Step 3, you go back and fully fund your emergency fund with enough cash to cover three to six months of expenses.

Completing the first three Baby Steps puts you on pretty solid financial ground. At this point, once you've saved up the cash, it's okay to take a vacation or buy a reasonably-priced toy. But don't have so much fun that you forget about the other Baby Steps. Baby Step 4 means putting 15 percent of your income into pre-tax retirement plans, like mutual funds and Roth IRAs. Don't neglect saving for college if you have kids. That's Baby Step 5. Baby Steps 6 and 7 are paying off the house early, and building wealth and giving like never before.

Remember, there are only three things you can do with money — spend, save, and give. You can do all three without putting yourself in a bind by following my plan! —Dave

\* Dave Ramsey is CEO of Ramsey Solutions. He has authored seven bestselling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRam-



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lord)

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# **January is Cervical Cancer Awareness Month**

This January, the Health Department of Northwest Michigan encourages every woman to recognize Cervical Cancer Awareness Month by scheduling a Well-Woman visit with her healthcare provider.

"Cervical cancer is a serious problem for women, and it's still far too common," said Joy Klooster, coordinator for the health department's Breast and Cervical Cancer Control Navigation Program. "The good news is, we know how to prevent it. The Human Papillomavirus (HPV) Vaccine can prevent cervical and many other cancers in women and men. We also know that having annual Well-Woman checks can help screen for cervical cancer."

Well-Woman visits are essential for keeping women healthy. Most insurance plans, including Medicaid and the Healthy Michigan Plan, cover Well-Woman visits. These visits are a chance for a woman's healthcare provider to discuss things like breast and cervical cancer, immunization updates, and lifestyle habits. Every three to five years, a Well-Woman visit will include a Pap test to check for cervical cancer. The health department can help women get tested for breast and cervical cancer, even if they do not have insurance.

Children and young adults can get protected at well-visits or at the health department by getting vaccinated against HPV. The HPV vaccine is recommended for all girls and boys who are 11 or 12 years old, or for any older teens who have not yet received it. Young people can still get the vaccine until they are 26. The HPV vaccine protects against most strains of the virus that cause cervical cancer and genital warts, as well strains that cause other cancers.

"It's incredible that we have a vaccine that can prevent cancer," said Tricia Drenth, family health supervisor for the health department.

Last year, 12,800 women were diagnosed with cervical cancer and over 4,200 died from the disease in the United States. As the new year begins, protect yourself and your family by scheduling appointments for vaccinations and wellness visits.

For more information about cervical cancer or to get vaccinated or get a cancer screening at the health department, call (800) 432-4121.

### Scholarship will send NCMC student to Ireland

North Central Michigan College and the Robert Emmet Society are seeking entries for a scholarship contest that will send a North Central student to Ireland this fall for a semester of study. This is the only scholarship awarded by the College that sends a student abroad. The competition is based on an essay contest, academic achievement, student activities and an interview with College and society representatives.

Applicants must be enrolled in at least seven credits each semester in an academic program at North Central for the 2017-2018 school year and be committed to studying at GMIT from mid-September through mid-December, 2018. Participants must submit an essay on the topic, "How do the political values of Robert Emmet, Irish patriot and namesake of Emmet County, relate to our world and our lives today?"

Those wishing to enter the competition should contact Dr. Sara Glasgow, Dean of Liberal Arts at North Central at (231) 348-6604 or sglasgow@ncmich.edu by February 12, 2018. Essays must be submitted by March 5, 2018 to Dr. Glasgow at North Central Michigan College, 1515 Howard Street, Petoskey, MI 49770. The winner will be announced before the end of the school year. Details are available at http://www.ncmich.edu/paying-forcollege/scholarships/ireland-scholarship.html.

The winner of this competition will receive a scholarship for Fall 2018 at Galway-Mayo Institute of Technology (GMIT) in Galway, Ireland. The scholarship covers round-trip air fare from Detroit or Chicago and tuition, room and books at GMIT.

The Society was founded in the early 1990's to honor Robert Emmet, the namesake of Emmet County, Michigan, and to make area residents more aware of Emmet's brief but courageous life and his enduring legacy as a champion of freedom and democracy. The Society works closely with North Central in awarding the scholarship that is in honor of Joseph W. McCarthy, a local businessman, and Dr. William McCullough, a Petoskey physician, both active members of the society since its founding. The Robert Emmet Society and the Blissfest Music Organization raise funds for the scholarship through donations and annual music events.



sey.

### ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

# News **SNO-BLAST**

FROM PG. 1A sonm, Jessica Cutler, Kari Vrondran

- Winter Knight; Conrad Loucks, C.J. Cutler, Tracey Johnson

(E.J. Sno-Mobile Club House, Mt. Bliss Road) 6PM; Snowmobile Safari Ride - Leave the Snowmobile Club House and ride thru the Jordan Valley and back for a hot dog roast.

# SATURDAY, JANUARY 20

(East Jordan Sno-Mobilers Club House, Mt. Bliss Rd.) 9AM - 1PM; Classic & Antique Snowmobile Show 9AM - 12PM; Obstacle Course - Timed fun course, \$3 per entry, prizes awarded, several age groups. 9-10AM - Snow Shoes. 10 - 11 AM – Fat Tire Bikes. 11 AM – 12 PM - Snowmobiles 10AM Sharp; Blessing of the Sleds

10AM – 12PM; Family Fun Games

10AM - 3PM; Concessions at the Club House 1PM;

Antique/Vintage/Classic Snowmobile Ride (Everyone Welcome) lite lunch served

5PM; Euchre Party – 2018 Senior Class Fundraiser, \$40 per couple, Cash prizes, Snacks, 21 years of age and over. Pre-registration & info: Claudette Brooks - 231-350-1773 or

claudette@michiganofficewavs.com

### SATURDAY. IIARY 20

(Locations around town) 7AM – Noon; Pancake Breakfast - The Depot Jordan Valley Teen Center. (E.J. Community Center) By Donation.

11AM; Grand Story Hour -Family Story Time with Luanne Reed, Refreshments.



Vintage snowmobiles will be on display on Saturday at the East Jordan Sno-Mobilers Club House, located on Mt. Bliss Rd. Courtesy photo

Location & Sponsor: Books N' Things

12PM; Softball in the Snow Tournament Adult softball field. Put a team together and

play ball! Contact Nikki Skrocki 231-536-3331. Sponsored by: Essence Hair Salon 7-10PM; Annual Winter Party - Jordan River Arts Council, 301 Main Street,

Party & Dance, Admission: By Donation, Live music

### SUNDAY, IANUARY 21

(East Jordan Sno-Mobilers Club House, Mt. Bliss Rd)

Who will be this year's Belle of the Blizzard and Winter Knight? Find out at the crowning event following the Rotary Chili Supper on Friday evening at the EJ Middle/High School cafeteria. COURTESY PHOTO





Don't miss the "Blessing of the Sleds" by Father Chet Collins at 10am on Saturday. Courtesy photo

7AM – Noon; Sno-Lovers Breakfast "The Works" Pan-

\$5: deadline Wednesday, January 17. Cash prizes awarded. Get your application at the Chamber Office. Sponsored by South Arm Café.

with your spare change. Proceeds help to fund the Sno-

one is welcome to compete in

a Sno-Blast Coloring Contest.

by East Jordan BC Pizza. Age

Groups: 0-5, 6-10, 11-15, Adult

able at Chamber Office or on

Prizes awarded. Sponsored

(16+). Coloring page avail-

line at www.ejchamber.org

SUNDAY,

cakes, bacon, sausage, potatoes, and Eggs: \$6 Adults, \$3 Kids 10 & under

### CONTESTS

- Sno-Sculpture Contest – This year's theme "Proud to be a Michigander". Entry is

- Vote For Your Favorite Belle & Winter Knight Candidate – Look for the donation cans around town to vote for your favorite Belle of the Blizzard and Winter Knight

**Blast Festival!** - Coloring Contest - Every**FEBRUARY 4** 

(Downtown East Jordan) Noon - 4PM; Super Bowl Sunday Party - at participating Downtown Businesses

# **Chamber Annual Meeting & Awards Breakfast**

The Board of Directors and Staff of the Charlevoix Area Chamber of Commerce invite you to attend our Annual Meeting & Awards Breakfast on Friday, February 2 at Castle Farms from 7 to 9am. Join us in celebrating Charlevoix, our Chamber member businesses, organizations, clubs, and individuals during the breakfast event. This year's featured speaker is Luther Kurtz, City of Charlevoix Mayor, Business Owner, and Volunteer.

Also on the morning's agenda is a review of the Chamber's accomplishments in 2017, as well as an introduction of the current Board of Directors and special recognition and thank you to our outgoing Board members. The Chamber will also acknowledge CHAMBER those businesses that Annual Meeting have been active & Awards members of our organization for 50 years or more.

Additionally, the event celebrates the accomplishments of individuals and businesses that have exemplified leadership, community spirit

and civic involvement; recognizing those that have gone above and beyond

> to help make Charlevoix a better place to live,

work and play. Join us as we honor and award the

Outstanding Citizen of the Year,

Business of the Year, New Business of the Year, Young Professional of the Year. Chamber Ambassador of the Year,

and Customer Service of the Year.

The Annual Meeting & Awards Breakfast is an incredible event, and everyone is encouraged to attend for a morning of celebration, networking and growth. Admission is \$30 per person or \$240 for a table of eight. Tickets include a catered breakfast buffet by Grey Gables Restaurant & Catering. Please make your reservation by calling the Charlevoix Chamber of Commerce at 231-547-2101, or e-mail info@charlevoix.org. Online registration is open at .

LETTERS TO THE EDITOR

Letters may be submitted by e-mail to office@Charlevoix CountyNews.com.

### CATS, CATS, CATS

Charlevoix County offers free cats to seniors. Nothing to do with overflow, the Society as claimed maintains beneficent gesture in offering solace to seniors who may have want of cuddly companionship, litter boxes, and cat food purchases. Humane Society offers cats free of all charges including shots, neutering and temporary jinglejangle cat collars. Come n get m while they last, oh, another million years or so. No longer will seniors have to take in stray cats off the street; now they're available all prettied up and rarin' to go to new homes that will

pamper the cute little rotten goofy felines. No longer will seniors find need of activities like Bingo and riding scooters at the grocery stores; now they can put that creative energy into replacing screens on doors and windows from kitty scratching to get in. These and more inimitable pleasures can be yours, you venerated seniors, at your local branch of the Humane Society of America, Boyne City, Michigan chapter. Brought to you from your local public service announcement people with best wishes for your final years of kitty consolation.

### Submitted by Mitchell Jon MacKay

### BOYNE CITY POLICE DEPARTMENT INCIDENT REPORT

Monday, December, 25 2017 0926 Vehicle unlock in the 1100 block of Charlevoix St. 0935 Subject calling from Gay lord ref civil custody issue Assist Sheriff Dept. with a 1629 vehicle in the ditch on Pleasant Valley near Davis 1718 Assist citizen at Front and Terrace St

Fireworks complaint on 2224 Boyne near Division.

Tuesday, December 26. 2017 0909 Suspicious vehicle reported in the 200 block of E Water St 1022 911 Hang up on Fall Park Rd Vehicle in the ditch at 1340 Front and Pine, turned in to single vehicle property damage crash. Vehicle unlock in the 400 1357 block of N Lake St

Assist with traffic control 1435

while tow company removed vehicle off the snow bank on Front St. 1643 Vehicle unlock in the 600 block of Grant St. Alarm in the 300 block of 1701 N Lake St 1755 Alarm in the 300 block of N Lake St 1845 Assist Sheriff Dept. on M-75 S Assist motorist at S. Lake 2318 St. and Water St.

WEDNESDAY DECEMBER 27, 2017 0213 Citation issued and vehicle towed from Front St. and Water St for snow removal. Suspicious situation on 0442 Brockway St ARRESTED subject for 0614 Bond Violation in the 300 block of E Division St. 0802 Signed off fix it ticket for

window tint

0824 Vehicle unlock in the 1100 block of Pleasant Av Request for welfare check 0945 on River Ridge

Missing wallet since Fri-1000 day. 1331 Vehicle unlock in the 300

block of E Division St Assist MSP with Roll over 1800 crash on M75 near the Industrial Park Vehicle in the ditch Water 1826 and Boyne Av.

1847 Vehicle in the ditch Boyne Av near the city limits Checked report of deer in 1943 the road C-56 and Sayles. Gone on arrival

### Thursday, December, 28, 2017

0308 Removed a vehicle from Front St. for snow removal. 0850 Report of 2 vehicles left in parking lot on S Lake St for 2 days. 1015 Vehicle stolen overnight

from E Main St

1403 Private property damage crash in the 1000 block of Boyne Av 1629 Attempt suicide in the 700 block of Pleasant Av.

Motorist Assist on Boyne 1817 Ave. 1800 Suspicious vehicle in the 1300 block of Boyne Ave. Back window of vehicle 2049

shattered in the 400 block of N Lake St. Appears to be weather related

December 29, 2017 Friday, 0319 Citation issued and vehicle towed from Front St for snow removal. Assist EMS in the 200 0432 block of Hannah. Request for welfare check 0507 in the 400 block of Poplar 0908

Vehicle in the ditch in the 400 block of N Lake St 1024 Assault reported in the

400 block of Poplar. 1145 Juvenile complaint from the 100 block of W Court Report of a truck and 1157 trailer stuck on Division near Lewis. Property damage crash at 1635 W. Michigan and N Lake. 1707 Welfare check in the 100 block of S Park St 1853 Report of intoxicated driver in the area of Jefferson St 1935 Citation issued for disregard stop sign at Division and Pleasant. 2109 Report of lost wallet be hind Subwav 2344 Attempt suicide in the 500 block of Jersey. Saturday, December 30, 2017 1602 Assist citizen in the 400

block of State St. Citation issued for Careless 1631 Driving at Pleasant and Front

1853 Report of intoxicated driver in the area of Jefferson St Vehicle unlock in the 300 2229 block of E Division St Vehicle unlock on W 2326 Water St

Sunday, December 31, 2017

0157 Checked on a subject walking in circles on the ice. At peninsula Beach. Was "drawing" in the snow 1102 Vehicle unlock in the 100 block of N East St Assisted EMS in the 700 1151 block of Vogel St Another 911 hang up on 1210 Fall Park Rd. 1343 private property damage crash in the 400 block of N Lake St 1858 Natural death on Roosevelt Assist EMS at Avalanche 2103 Mountain

# News **ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM** Flu Season in full swing

### **BY JIM AKANS**

The winter of 2017/2018 isn't just raising Cain with cold temperatures and record snowfall; this season is also delivering a full flurry of flu cases throughout the country. As of the week ending January 6, the Centers for Disease Control and Prevention (CDC) is reporting widespread flu outbreaks in 49 states, with Michigan being one of those.

The CDC also reports that the highest hospitalization rates are among people 65 years and older, followed by adults aged 50-64 years and children younger than 5 years. While these are typically the age groups affected the highest, the incidences in those age groups is rivaling the numbers from the 2014/2015-flu season, which was considered a banner year.

Cathy Fischl, Marketing and PR Specialist at Munson Healthcare Charlevoix Hospital stated, "I found out that in the month of December, we had 24 positive flu cases in our ER/Urgent Care. That compares with only one in December of last year. However it appears that this year's flu season started earlier than last year (which peaked in February). The season is measured "when it starts until it's over" so there is not a set timeline for data."

She adds, "Our Infection Control nurse did a study in our ER/Urgent Care and it showed that of the 30 people tested for flu, 24 of them had not gotten a flu shot (80%).

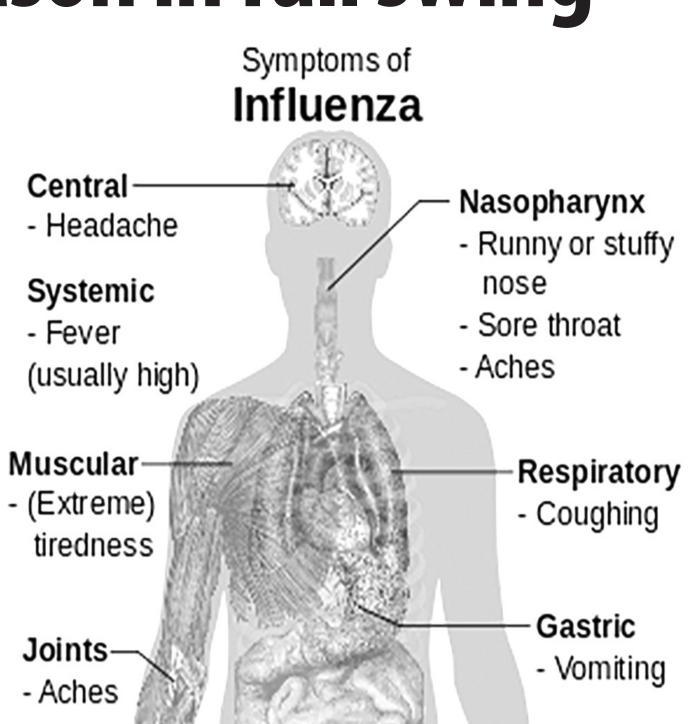
While admittedly that's a very small study, it's pretty indicative that what we are seeing is that this year's vaccine seems to be working on the majority of folks"

Flu symptoms include fever, chills, cough, sore throat, runny nose, body aches, headache and fatigue. Though less common, the flu can also cause vomiting and diarrhea. Common sense actions, such as washing hands frequently, covering your mouth when you cough and most importantly, staying home is you are experiencing flu-like symptoms, go a long way in avoiding catching or spreading the flu.

But what if despite all preventative measures that gnawing sensation in the stomach shows up, often a prelude to the flu? Can something make it go away sooner or at least make it less uncomfortable?

The web site webmd.com states that according to the CDC, FDA approved antivirals can lesson symptoms and shorten sick time by a few days. Visit your doctor to find out if there are prescription medicines that are right for you to help ease the discomfort of the flu. A doctor visit is highly recommended if the flu is suspected, especially those in high-risk age groups (young children and those age 65 and older), and those with risk factors such as heart disease and lung disease. While a common malady, the flu can be deadly if left untreated. For additional informa-

tion, visit and cdc.gov/flu.



Common flu symptoms can certainly take the spring out of anyone's step. WIKIPEDIA PHOTO

## Charlevoix County Veterans Transportation Program announced

The Charlevoix County Board of Commissioners recently approved a joint effort between the Charlevoix County Veterans Affairs Office and the Charlevoix County Transit to provide expanded transit service to veterans of the County. Currently, Charlevoix County Transit provides free transportation to veterans going to the Gaylord VA Clinic. This cooperative project between the two county departments will allow the Transit to provide service to other VA Clinics in the region. Currently, the

Veterans Affairs Office plans to authorize transportation on a regular basis to Gaylord, Saginaw and Traverse Citv.

The two departments will establish a trip authorization procedure that will allow Transit to provide service to veterans without a long paperwork process for the veteran. Trip requests outside of the "scheduledregular locations" will be handled on a case-by-case basis and the departments are developing a policy for authorizing those trips.

"It is ourintention to create a fixed schedule that will make travel easier for our veterans to use. Once we establish days with the central schedulers at the clinics, we will announce the travel schedule to the various clinics so our veterans will know

new program or duplicating services already in place; they're just helping us expand on what we already do."

For more information contact Deb at Charlevoix County Transit, 582.6900 or the Veterans Affairs Office at 547.7220. Additional information, once it becomes available, can be found on each department's webpage on the Charlevoix County website (www.charlevoixcounty.org).

### Boyne Falls Public Schools STUDENT OF THE WEEK



when to schedule appointments" stated John Hess, Director of the County's Veterans Affairs Office.

This joint project is a winwin, stated Transit Director, Jill Drury. "By entering into a service agreement [such as this], the Veterans Affairs Office isn't creating a whole

## Consumers Energy helps Michigan families stay safe and warm

Paul

Consumers Energy announced today that it's donating \$10 million that will go directly to helping people in need with their energy bills – assistance that will help thousands of families to stay safe and warm through this cold Michigan winter.

"We are committed to serving our Michigan communities, which includes our most vulnerable residents, such as seniors and families that may be facing challenges in paying their energy bills," said Brian Rich, Consumers Energy's senior vice president for customer experience. "With temperatures below freezing, we want people to know that help is always available

and is just a phone call away.

Consumers Energy is encouraging people who are facing hardship to call 2-1-1, a free service in all Michigan counties that connects people with resources in their community.

People who call 2-1-1 might be referred to six nonprofit organizations that are receiving the \$10 million from Consumers Energy. They are:

- Michigan Community Action

- The Salvation Army - The Heat and Warmth
- Fund (THAW) - TrueNorth Community Services
  - Society of St. Vincent De-

- United Way of Jackson County-

The \$10 million contribution also will help enroll as many as 10,000 additional households in the CARE (Consumers Affordable Resource for Energy) program, which includes monthly credits toward energy bills as well as assistance on pastdue balances. Qualified participants also receive access to energy-saving tools, including in-home energy efficiency upgrades.

Consumers Energy mailed postcards in mid-December to 90,000 customers who were behind on their bills, reminding them that assistance is available. Consumers Energy does not perform energy disconnections when temperatures are below 15 degrees.

"It's important that people do not wait to fall behind on their bills before seeking help," Rich said. "Assistance is available today, and people can take steps to ensure they stay warm even on Michigan's coldest days.'

Consumers Energy's contribution is in addition to nearly \$90 million in federal and state heating assistance funds that are available to nonprofit agencies across Michigan. For more information about Consumers Energy, go to www.ConsumersEnergy.com.

# Mila Matelski

Grade: 1st

Parent's Name(s): Ben and Ashley Matelski

What do you want to be when you grow up?: A Police Officer

Favorite Book: Green Eggs and Ham by Dr. Seuss

Hobbies and Interests: Mila likes to play with her friends & play with her hamster, Snowflake

School Activities: Mila likes to dance and is a member of the Boyne Falls Spirit Team

Staff Comments: Mila is a very polite, sweet young lady. She always remembers to use her manners and is very kind and compassionate towards others. She likes to be a helper to her classmates and does it with a smile on her face. Her bubbly personality is contagious and can brighten up the room!

Her classroom teacher says that she is working hard towards meeting her academic goals and never gives up. She has a positive attitude in everything she does.

**Northern Michigan Treasure Hunter's** 

Guide to area antique, consignment,

Submitted By: Mrs. Fenske

resale and thrift shops

# Hidden Treasures

### **CHARLEVOIX**

**Bergmann Center Resale Shop** 8888 Ance Road, Charlevoix 231-547-9624 www.bergmanncenter.org

**Kelly's Antiques & Furniture Barn** 06176 Old US 31 S. ,Charlevoix 231-547-0133 www.dkellyantiques.com

### EAST JORDAN

**Crossroads Resale Shop** 205 Water Street., East Jordan 231-536-7606 Open Tuesday thru Saturday

### **ELLSWORTH**

**Good Samaritan Furniture & More Store** 6519 Center St., Downtown Ellsworth 231-588-2208 thegoodsam.org

### **ELLSWORTH**

**Good Samaritan** 9746 Main Street, Ellsworth 231-588-2208 thegoodsam.org

### **FREDERIC**

**Pineview Military Surplus** 7328 Old 27 North Frederic 989-348-8300

### GAYLORD

The Resale Shop 1961 South Otsego, Suite A (next to Ace hardware) 989-731-4305, 989-370-3677 Hours: 10am - 6pm, Mon. - Sat

**Salvation Army Family Store** 919 S. Otsego Ave., Gaylord 989-448-2357

### GRAYLING

### **The-Brickery.com**

Two floors of treasures 107 Ottawa, Grayling, One block north of the light 989-348-8999

### HARBOR SPRINGS

**New Beginnings Thrift Shop** 650 W Conway Rd., Harbor Springs 231-348-2980

### To add your business listing call 989-732-8160

Gaylord

News

# East Jordan Chamber presents donations to area organizations



Mary Faculak - East Jordan Area Chamber of Commerce President/CEO (I) & Kathy Reid – Director of East Jordan Care and Share Food Pantry. COURTESY PHOTO

East Jordan Care and Share Food Pantry Director Kathy Reid accepted checks from East Jordan Area Chamber of Commerce President/CEO Mary Faculak and Soup Cook-Off Chair, Heather Jackson. The donations was the result of proceeds from the East Jordan Community Night Soup Cook-Off and half of the proceeds from the Chamber's Annual Holiday Business After Hours were donated to the East Jordan Care and Share Food Pantry to help stock the pantry shelves for



Soup Cook-off Chair Heather Jackson (I) & Kathy Reid – Director of the East Jordan Care and Share Food Pantry. COURTESY PHOTO

the winter.

The Soup Cook-Off had six local Chamber member restaurants competing for best soup as voted by the people. Sommerset Pointe won first place, second place went to A Matter of Taste at Tapawingo and for the first time in Soup Cook-off history a three-way tie for third place occurred. Third place awards went to Blue Smoke, The East Jordan Senior Center and Martha Wagbo Farm and Education Center.

Nearly two hundred people attended this popular Com-



ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

East Jordan Area Chamber of Commerce President / CEO Mary H. Faculak presents checks from the recent Holiday Business After Hours to Good Samaritan Director Mary Peterson and Food Pantry volunteer Pastor Dave Kroon. COURTESY PHOTO

munity Night event that also included a Lighted Holiday Parade, Santa Visit, Community Tree Lighting and Caroling and Downtown Business Open Houses. The Holiday Business After Hours was held at Blue Smoke in East Jordan. This kick-off to the busy holiday season for Chamber members and their guests was sponsored by EJ. Guests were treated to a wonderful evening of fellowship, delicious hors de oerves and refreshments.

## Area Community Foundations welcome grant proposals

The Charlevoix County Community Foundation and the Petoskey-Harbor Springs Area Community Foundation announce the availability of grant dollars to support the work of area nonprofit organizations, educational institutions, and municipalities. The deadline to submit a grant proposal is Thursday, March 1.

Grant applications to support arts and culture, education, the environment, community and economic development. health and human services, recreation and youth are available by calling your respective community foundation office. Applicants must call to discuss their proposal to begin the application process. Eligible nonprofit organizations serve residents of Charlevoix or Emmet County and work to enrich or improve life for local residents. Applications will be reviewed by advisory committees made up of

community representatives. The youth advisory committees will review proposals that benefit young people. Committee recommendations will be forwarded to the respective Boards of Trustees.

The community foundations accept contributions from donors and then use a portion of the income earned from the investment of these gifts to help foster positive change in our area. In this way, our donors' contributions meet our community needs, now and in the future – For good. For ever.®

To apply for a grant or for more information, call or email your local community foundation.

# Antiques, Art, Consignment and New at The Brickery in Grayling

### By Jim Akans

Shoppers in downtown Grayling will find two floors of treasures embracing a wide array of fascinating items at The Brickery. Established by Linda Nickert in June of 2007, items offered throughout the approximately 1,000 square feet of retail space in this historic building cover just about any interest or gift idea.

Nickert states, "We offer many items made by local crafters, Michigan-made products, lots of antiques, art, and more. We have new products and consignment items, gift items, scarves, hats and gloves, and we are beginning to offer salvage products so people can make their own crafts. Customers can spend an hour in our store and still not see it all. The stately brick building that is now home to The Brickery was originally the International Order of Odd Fellows building, constructed in 1908. The downstairs held a theater that would put on plays for loggers and for Camp Grayling. The building has gone through many incarnations over the years, but shoppers at The Brickery can still see



In Charlevoix County call 231.536.2440 to contact Mishelle Shooks for youth grants at mshooks@c3f.org or Maureen Radke for all other grants at maureen@c3f.org. In Emmet County, contact Kassia Perpich or Sarah Ford at grants@phsacf.org or 231.348.5820.

Shoppers in downtown Grayling will find two floors of treasures embracing a wide array of fascinating items at The Brickery. The store, located at 107 Ottawa in downtown Grayling. Courtesy photo

the original tin ceiling and hardwood floors.

Nickert recalls that the idea for her shop's name came from her daughter; "We were trying to think of a name. Since there are so many bricks both inside and out; the walls are three bricks thick, my daughter suggested calling it The Brickery."

It's the perfect name, reflecting solidity and tradition; an apt representation of the enduring quality of the wide variety of items offered at The Brickery. The store, located at 107 Ottawa in downtown Grayling, is open Monday through Friday from 10am-5:30pm, Saturday 10am-5pm, and Sunday from 11 am to 3 pm. Visit or call 989-348-8999 for additional information.



ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

# **News** Communities Invited to apply for Greenspace Improvement Dollars

Health Department of Northwest Michigan invites local communities to apply for funds to improve public greenspaces. These funds, given by the Michigan Department of Health and Human Services, are used to enhance infrastructure, like improving walking trails, lighting, benches or other physical features of the space. Funds are also used to create or expand community programs that use the greenspace for physical activity. The purpose of the project is to increase use of public greenspaces by making them more inviting, accessible, and safe. Improved greenspaces allow more opportunities for community members to be physically active, and therefore stay healthier.

Eligible applicants include any local government department, agency, special purpose district, public school district, Indian Tribal organization or 501(c)(3) non-profit organization. Several grants will be awarded, with individual grants limited to \$15,000. Organizations with greenspace sites in Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, Otsego, and Wexford counties are eligible to apply.

The Building Healthy Communities grant is part of continued work by the Health Department of Northwest Michigan to ensure all residents have an opportunity to live a healthy life. A portion of the grant aims to fund sustainable public greenspace enhancements that will create a lasting impact on the health of the community.

"We are thrilled to be supporting local agencies in their work to improve greenspaces while also promoting a healthier lifestyle through the Building Healthy Communities grant for the second year," said Erika Van Dam, Deputy Health Officer at the Health Department of Northwest Michigan. "Last year's request for proposals was extremely successful, and we are excited to see what this year will bring."

Previously funded projects include: the construction of the first mile of The North Street Trail located in Central Lake, improving an existing greenspace at Spring Lake Park in Bear Creek Township, connecting Grow Benzie's 4-acre property with a trail system located in Benzonia, and the renovation of a walking path by the Kalkaska County Commission on Aging.

Letters of Intent are due January 26th and the submission deadline is February 9th. An informational call will take place on January 29th. For further information, including application requirements, visit

www.nwhealth.org/gip.ht ml or call the Health Department of Northwest Michigan at (800) 432-4121.

# New Lease agreement Jordan Valley EMS Authority discussed

EAST JORDAN CITY COMMISSION MEETING, JANUARY 16, 2018

#### **By Tina Sundelius**

The East Jordan City Commission meeting began on time Tuesday, January 16 with an amendment to the agenda to include voting on deficit elimination plans for balances owed for the solid waste transfer station and the harbor. The main discussion consuming most of the meeting concerned a lease agreement with the Jordan Valley EMS Authority who occupy a city owned building.

City Administrator Tom Cannon opened discussion on the lease agreement by distributing copies of the expiring lease to each

commissioner and asking for feedback. Cannon stated that over the last three years he has heard many complaints about the lease. He felt that lawn and snow removal should be better addressed in the lease and that since they are not a city entity they should pay rent. "As a City Administrator, I feel like when I have an outside entity in there, they should pay," he said. City Attorney Scott Beatty chimed in stating that they may not be a city entity but they are an entity that provides a service for the residents and that should be considered.

There was some mention of the leases not getting approval from the city before making improvements to the building. The present lease states that they have to seek the approval of the city for all alterations to the building and that they won't be unreasonably denied. It was noted that they have not adhered to this. Commissioner Paul Timmons stated that the last lease was provided to help the Authority get on their feet and he raised the question of the city getting a break on the membership fees since the building could be considered the city's contribution. Cannon stated that the conversation was the first step to getting a lease everyone was happy with and requested that the

Commissioners go over the lease and forward him their thoughts. "I've never felt that anyone has anything against the Authority. This is just do they pay rent or no rent," said Cannon. He would like the matter resolved so something can be decided at the February meeting. "Both entities need to make this work for ourselves, I look forward to coming to a consensus," said Commissioner Mark Penzien.

When a local unit of government has an outstanding balance they are required by the state to make a deficit elimination plan and submit it to the state. The Marina Fund has an outstanding balance of \$66,829 and the Solid Waste Transfer Station Fund has an outstanding balance of \$2,285 both plans were adopted via resolution by a unanimous vote. "At one time the Harbor deficit was over \$200,000, the transfer station will be paid in full this month," said Treasurer Heather Jackson. "We're still kind of clawing our way out of dredging issues and paying for property," said Cannon. The transfer station will be permanently closed June 30

Another payment for work at the Waste Water Treatment Plant was approved for the sum of \$191,853.69. Cannon reported that during the reprieve in the weather a lot of the concrete pours were done and that ground will be broken next week, beginning construction on the building that will house the filtration system. "Overall we're impressed with the progress that's been made," said Cannon.

Mayor Russ Peck reported that the DDA will be improving visibility to directional signs to city lots with unlimited parking. To solve parking issues in the downtown and improve customer access to businesses, signs stating that only 2 hour parking is allowed on the first 2 blocks of Main, Esterly and Spring Streets were posted in the fall. The first tickets were issued beginning a week ago. Officer Terry McDonnell reports that 23 tickets have been issued so far. "Since we started doing that it's much better, people are following the rules," said McDonnell.

The next City commission will be held at City Hall, February 6 at 7pm.

### State Senator Schmidt supports legislation aiding Michigan families

LANSING, Mich. — State Sen. Wayne Schmidt supports legislation that would restore the Michigan personal tax exemption that was lost in the recent federal tax reform.

The federal Tax Cuts and Jobs Act, in addition to lowering income tax rates, included a streamlined exemption process that eliminated the \$4,050 personal exemption at the federal level, setting it to zero.

"There has been a lot of information surrounding what the new federal tax plan is going to mean for Michigan families," said Schmidt, R-Traverse City.

Michigan's current state income tax law ties the state's personal exemptions to the federal number of exemptions. Without a revision to the law, Michigan taxpayers would no longer be able to claim the personal exemptions on their state taxes which would cost state taxpayers around \$1.5 billion a year.

Senate Bill 748 makes necessary changes to maintain the state's personal exemption.

"This exemption is critical

to many Michigan families, and without this action, they will lose it," Schmidt said. "This legislation would ensure the state's personal exemption remains regardless of changes on the federal level — and will do so without affecting other important portions of the budget like school aid."

The legislation would also provide an increase in the state personal exemption by \$500 to \$4,800 by 2021, while remaining tied to inflation. Currently, the state's personal tax exemption is scheduled to increase from \$4,000 to \$4,300 over the next three vears.

"In recent years our state budget has stabilized and we have approved several reforms aimed at improving the state's financial outlook," Schmidt said. "It is time to start looking at ways to give families throughout my district and our state some relief. This bill would put more money in the pockets of taxpayers where it belongs."

According to Senate Finance Committee Chairman Jack Brandenburg, the sponsor of SB 748, the committee will hold a hearing on the bill









#### ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

# **News Briefs**

### **BOYNE CITY ANNUAL AWARDS GALA**

January 18, 5-8:30pm, Boyne Mountain Civic Center. The Boyne Area Chamber will be honoring several local businesses, organizations and individuals for their contributions to the community. This year's theme is "Toast To The Town," and the event is presented by Korthase-Flinn Insurance and Financial Services. The program is an upbeat gathering with great food and drink, live and silent auctions. live music and the introduction of our Chamber Board members. It always sells out with more than 300 people attending. Tickets; \$50 per person, reserve at

### EAST JORDAN **ROTARY CLUB CHILI SUPPER**

January 19, 4:30-7pm, East Jordan High School cafeteria. The East Jordan Rotary Club will hold its annual Chili Supper prior to the basketball game home against Boyne City. Enjoy chili, garlic toast, coleslaw and beverage. \$7 adults, \$5 if over 64 or under 12 (under 5 free). Any profit will used for Rotary community projects.

### PETOSKEY NCMC LUNCHEON LECTURE; TRUMP MEETS THE WORLD

January 19, NCMC Library Conference Room. President Trump promised in his presidential campaign a new approach to world politics. But with almost a year under his belt in the Oval Office, does his foreign policy represent the change that he promised? From China to Middle East terrorism, what can we make of the President's first year as the dominant voice in America's foreign policy? Scott LaDeur, Ph.D., North Central professor of political science, provides an analysis. Lunch begins at 11:30am and the program begins at 12:15pm. Reservations are required. You must call 231-348-6600 or email luncheonlectures@ncmich.ed u to reserve your place for each presentation. Cost is \$12 at the door, cash or check only.

### **EAST JORDAN 37TH ANNUAL SNO-BLAST**

January 19 -21. This annual event includes Sno-Sculpture Contest, Crowning of the Belle of the Blizzard & Winter Knight, Blessing of the Sleds, the Annual Rotary Chili Supper, Antique Snowmobile Show, Snowmobile Safari Ride, Euchre Party, Family Games, Softball in the Snow, Sno-Lovers Breakfast and much more. Full schedule at Winslow at 231.350.3254 or julielwinslow@gmail.com.

### **PETOSKEY**

YOUR FARM THE LEAN WAY January 23, 6-8pm, NCMC Student Community Re-source Center, Room 536. Will look at the strategy of 5S - putting things/tools in the right place and making your job easier, more productive, and more efficient. Improve the way individuals work and begin to change the view of work to constant improvement and the customer. Learn the steps involved in implementing this very effective approach for your farming business. Free. To register, call 231-348-6613 or email .

### **BOYNE CITY FRESHWATER CONCERT;** CHASTITY BROWN

January 27, 8pm, Freshwa-ter Art Gallery, 217 South Lake Street. Based in Minnesota, Chastity grew up surrounded by country and soul music. In the full gospel church of her childhood, she found her singing voice and a passion for music. Her new album is "Silhouette of Sirens" ... NPR Music says... a work of brooking soul eloquence, alt-rock wiriness, atmospheric pop sweetening and folk-inflected naturalness. Seating is limited. Tickets (\$30) & info 231-582-2588

### **EAST JORDAN ANNUAL CHAMBER MEETING/DINNER/AUCTION**

January 27, 5:30-9pm, Castle Farms. The Chamber's largest event of the year, the Annual Dinner in January at the majestic Castle Farms, kicks off the new year with an awards program, dinner and live and silent auction. Community members, Chamber Member businesses and organizations are honored and recognized annually with the Citizen of the Year and Spirit Award presented to deserving individuals and business owners. Info at

### **BOYNE CITY SECRETS OF FRIENDSHIP** CONSIDERED

January 28, 6:30pm, Lifetree Cafe, 401 S. Park Street. The program, titled "Friends for Life: 10 buddies. 38 years. 1 week a year," features the filmed story of a group of guys who have remained friends 38 years after graduation from middle school. During the program participants will have the opportunity to discuss the factors involved in making and keeping friends, as well as the benefits of longtime friendships. Admission to the 60-minute event is free. Use the Pine St. entrance. Please join us for a potluck at 5:30. Bring a dish to share.



#### WINTERFEST

February 3, Noon-5pm. Help us celebrate winter in the Village of Walloon. Barrel Back Restaurant, Tommy's, The Walloon Lake Inn, and Hotel Walloon welcome you to join in the fun. There will be games, prizes, food and drink specials at the Barrel Back and much more. The Petoskey Snowmobile club will be on site with free bean soup for all. Stop by and play! The event is open to the public and free for all ages.

### **BOYNE CITY "BUSINESS KILLERS"** WORKSHOP

February 6, Boyne City Taproom. The Boyne Area Chamber is sponsoring an upcoming event, "Business Killers Workshop: Avoid the 6 Mistakes That Could Destroy Your Business." This workshop will be conducted by Chamber-member partners including Design Financial Group; Mason, Kammerman, Rohrback CPAs; Schraw & Associates and State Savings Bank. The workshop is sponsored by Boyne City Taproom; there will be snacks, and people can purchase drinks at Tappy Hour prices for the event. The evening will start with networking from 5-6pm and the one-hour program will begin at 6. This informative workshop will help business owners learn more about their business and

music, strolling entertainment, silent auction, a fun and delicious food competition by local caterers, plus tastings from local breweries and vineyards. Wear your best Mardi Gras outfit and get ready to party! Proceeds benefit Dolly Parton's Imagination Library, providing a FREE book each month to over 1300 children age 0 - 5 in Charlevoix and Emmet Counties. Support childhood literacy while enjoying an evening of fun like no other! Advance registration \$30 or \$35 at the door. Ticket includes entry, food tastings, entertainment, plus a commemorative glass OR 1 beverage tasting ticket.

### **CHARLEVOIX** GLCO SUNDAY SERIES; BRASS QUINTET AND THE DRUMHEADS

February 11, 4-5:15pm, First Congregational Church. Join us for the Great Lakes Chamber Orchestra's Brass Quintet and the Drumheads. A free will donation will be taken at the door. This program is made possible due to generous support provided by Carolyn Klender. For more information, please contact the Great Lakes Chamber Orchestra office at (231) 487-0010

### CHARLEVOIX FREE BLOOD PRESSURE

CLINIC February 13, 1-2pm.

### **COMMUNITY FOUNDATION GRANTS AVAILABLE**

Since it was founded in 1992, the Community Foundation's net assets have grown to more than \$39 million. Grants and scholarships totaling more than \$22 million have been distributed to enhance and enrich the quality of life for everyone in Charlevoix County—and for generations to come. The Community Foundation welcomes inquiries and grant requests. The next deadline for submitting a grant request is Thursday, March 1, 2018. For a complete list of the recent grant awards, visit the foundation's website at www.c3f.org and click on "What's New," then "Recent Grants."

### **CHARLEVOIX CHRONIC PAIN PATH** WORKSHOP

Charlevoix Senior Center, 6909 Norwood St. Mondays, 9:30am-Noon, February 19-March 26. Each two-and-ahalf hour session focuses on self-management tools to: Manage symptoms through planning and pacing, and using your mind, Exercise safely, at a pace that's right for YOU to help reduce frustration and fatigue, Improve problem-solving, decision-making and communications and Make action plans based on YOUR goals. Through weekly goal-setting activities participants become more active and more confident that they can manage their health. PATH is taught by trained and certified leaders who understand chronic illness and have a personal connection to chronic pain. To achieve the full benefit of Chronic Pain PATH, please plan to attend all six workshops. Space is limited and pre-registration is required. Call 1-800-442-1713 for more information or to register, or register online at .

### Retiring **Firefighter** Honored

Township Supervi-sor Thomas Mann and Banks Township Fire Chief Mark Groenink flank retiring firefighter Miner Jim Veenstra at a plaque awarding ceremony January 10. Veenstra served the department for 35 years.

cise Class, every Thursday from 5:30-6:30pm. The first class is free as are all yoga and strength training classes. If you enjoy your first class, low-cost punch cards available and are good for any of our classes. Call (231) 437-3482 for more information or email chx-wellness@mhc.net to have our calendar emailed to you monthly.

### **BOYNE CITY** FREE COFFEE, DOUGHNUTS & LUNCH FOR VETERANS

The community of Boyne City will be hosting a free social gathering for all veterans from 9 to 11 a.m. on the fourth Tuesday of the month at the Boyne Area Senior Center. Coffee and doughnuts will be donated by supportive area businesses. The senior center will also offer free lunches to all veterans on the fourth Tuesday of the month, starting in January. The senior center is located at 411 E. Division St.

### **CHARLEVOIX**

Hospice of Northwest Michigan invites you to join our Monthly adult grief, loss bereavement support group, which takes place the 2nd Sunday of each month from 4-5pm at the First Baptist Church, 6781 M66 North. This program is open to anyone in our community looking for assistance in their grief process and is facilitated by Rev. David Behling. There is no charge to attend. Please feel free to call Hospice at 231-547-7659 to register or for more information.

### CHARLEVOIX

### **THREE MEN AND A TENOR**

January 20, 8-10pm, Charlevoix Cinema III. Live from Charlevoix presents Three Men and a Tenor. Great pop vocal music, quickwitted humor and overall likeability make this a unique show experience. \$25 admission.

### EAST JORDAN SOCKS KICK OPEN HOUSE AND RIBBON CUTTING

January 20, 2-4pm. Come in out of the cold and see our socks. We will be having snacks and random drawings. Bring the family and see our office and warehouse. Our warm cozy socks will also be available for purchase. Come and meet Baris & Heather. The East Jordan Area Chamber will cut the Ribbon at 2:00 PM to welcome Socks Kick to the community.

### BELLAIRE ANTRIM & CHARLEVOIX 2018 RELAY FOR LIFE KICK-0FF

January 21, 2-4pm, Bellaire Lanes and Games, 4800 S. M-88. The American Cancer Society Relay for Life of Antrim & Charlevoix Counties will host the 2018 Relay Kickoff in preparation for this year's Relay for Life event. The kick-off will feature fun. complimentary pizza and soda, and information on this year's family fun Carnival For A Cure Relay event. You will be able to register your team, join an existing team, volunteer or just learn more about Relay For Life. The 2018 Relay for Life will take place on June 23 & 24 at the Bellaire High School Track. For more information on the Kick-off, the Relay and how you can get involved, please contact Dawson Syrina at 231.675.2492 or syrinia@charter.net OR Julie

### PETOSKEY WASTE IN FARMING AND THE LEAN APPROACH

January 30, 6-8pm, NCMC Student Community Resource Center, Room 536. Lean waste isn't about the physical garbage you throw out. Lean waste is about those things that create waste of time and effort on the job. It is all about making the job easier and more effective. Combine this with 5S and you have the power to redefine the way work happens on your farm. Understanding what creates waste in your process and begin to get rid of it. Free. To register, call 231-348-6613 or email ccefaq@ncmich.edu.

### CHARLEVOIX **CHAMBER ANNUAL MEETING** AND AWARDS BREAKFAST

February 2, 7-9am, Castle Farms. Please join us in celebrating the award winners; Outstanding Citizen; Mark Greyerbiehl, Business of the Year; Michigan Scientific Corporation, New Business of the Year; Harwood Gold Cafe, Young Professional of the Year; Jamie McLane, Customer Service Award; Jim Sylvain and Chamber Ambassador Award: Leanne Ackert. Tickets (\$30 per person) available at Charlevoix Chamber; (231) 547-2101 or email; info@charlevoix.org

### CHARLEVOIX TAKE YOUR CHILD TO THE **LIBRARY DAY**

February 3, 10am-5pm. Come in from the cold! Take your child to the library for a day of extra fun building kits: Lego Simple Machines, Snap Circuits, and Lincoln Logs. More infor at

### WALLOON LAKE

make important plans for the future. The workshop is a \$35 value, but we are inviting Chamber members to attend at no charge. To register call the Chamber office at 231-582-6222.

### PETOSKEY NCMC LUNCHEON LECTURE; THE SILVER TSUNAMI

February 9, NCMC Library Conference Room. Baby boomers are at it again. On the verge of retirement, they now want long-term care that promotes comfort and quality of life in a homelike environment. In response, long-term care managers are moving from a traditional medical model to a more holistic approach for this growing population. Lisa Ashley, executive director of Bay Bluffs and Mike Greer, chief financial officer, will explain the challenges ahead for the county's medical care facility.Lunch begins at 11:30am and the program begins at 12:15pm. Reservations are required. You must call 231-348-6600 or email luncheonlectures@ncmich.ed u to reserve your place for each presentation. Cost is \$12 at the door, cash or check only.

### **BOYNE CITY 11TH ANNUAL CHOCOLATE** COVERED BOYNE

February 9 and 10. Sponsored by the Main Street Program, the event includes more than 40 businesses offering chocolate treats and sales. Chocolate-Covered Boyne has a combined chocolate/Valentine theme. There will be a Chocolate Dessert Contest and tasty specials, treats and sales offered by many downtown businesses. It's a great way to chase away the winter blues and indulge in delectable creations.

### CHARLEVOIX TOAST TO LITERACY MARDI **GRAS PARTY**

February 10, 7-10pm, Castle Farms. Support childhood literacy at the event of the year! Join Char-Em United Way for an evening of live Blood Pressure Clinic hosted a American House Charlevoix by Hospice of Michigan.

### CHARLEVOIX **MARDI GRAS SOIREE**

February 15, 4-7pm, French Quarter New Orleans Bistro, 100 Michigan Ave. The Charlevoix Area Community Pool invites you to attend a Mardi Gras Soiree, fundraiser for the Pool Renewal Project. Cost: \$50 per person for dinner, + cash drinks Enjoy a New Orleans style happy hour and buffet dinner at the hottest new restaurant in downtown Charlevoix. Live music by saxophone player Marty Ward. A full spread will be presented including soup, baby greens and muffuletta salad, a variety of pizza entrees and house made desserts. \$30 of each ticket sale goes toward Pool Renovations. Pay at the door or for advance tickets purchase online www.charlevoixpool.org or

call or stop by the Pool: 231-547-0982.

### **CHARLEVOIX** WINTER INDOOR SIDEWALK SALES

February 16-19. Enjoy countless bargains and more on a variety of great merchandise at participating stores. Take advantage of substantial reductions on seasonal inventory that must go. Shoppers will find great discounts on gift items, home decor, clothing, books, art, jewelry, accessories and more. While in town, be sure to enjoy a bite to eat at one of our many fantastic restaurants. Charlevoix is open for business, so Shop Local for spectacular deals over the holiday weekend.

### **BOYNE CITY INDOOR FARMERS MARKET**

Saturday, 9am-noon. Boyne City Indoor Farmers Market is located in the main lobby area of the new City Facilities Building, which is right next to the summer market location in Veterans Park.



### CHARLEVOIX WELLNESS WORKSHOPS

Held at Munson Healthcare Charlevoix Hospital Wellness Workshop, 411 Bridge Street. Call (231) 437-3482 for more information.

- Hatha Yoga, every Monday and Friday 7:30-8:30am. The yoga sequences, along with breath work and relaxation techniques will assist in building strength, stamina, flexibility, balance, and increasing body awareness. The use of props, blocks, or blankets make poses easily modified to suit the individual. All levels of fitness are welcome and modifications will be provided as needed. The class is taught by Lisa Hepner is a licensed physical therapist assistant with Munson Healthcare Charlevoix Hospital.

- Wellness Wednesday, every Wednesday from 8am-11am. Health screens include: Total Cholesterol, HDL, TC/HDL Ratio, Glucose Level, Body Mass Index Score, Muscle and Fat Percentages, and a Blood Pressure Reading. No fasting is required. However, if you are fasting and LDL and Triglyceride reading can also be obtained. Cost for the service is \$15. Hemoglobin A1C Levels can also be done for known or borderline diabetics for an additional \$10. Participants will receive all test results at the time of the screening and a "Know Your Numbers" log to track progress. A Registered Nurse will adapt health consultation and educational materials to individual results. Walk-ins only, no appointment required.

- Full Body Toning Exer-

### NORTHERN MICHIGAN

Women's Resource Center of Northern Michigan provides counseling and support services at no cost to survivors of domestic abuse. sexual assault, child abuse, child sexual assault and adults molested when they were children. Support services include crisis counseling, individual counseling, support groups, trauma therapy (EMDR), play therapy for children, safety planning, advocacy and resources/referrals. If you or someone you care about has been a victim of crime, contact the WRCNM's main office at (231) 347-0067.

### NORTHERN MICHIGAN

Women's Resource Center of Northern Michigan offers free playgroups for children 0-60 months and their preschool-age siblings. Playgroups help you learn about your child's developmental stages, learn new children's games/activities and share parenting concerns/experiences with other parents and the playgroup facilitator. Playgroups are held in various northern Michigan communities. For current playgroup locations/times, visit www.wrcnm.org or call (231) 347-0067.

#### BOYNE CITY

Boyne District Library programs

- Toddler Tales & Tunes every Monday at 10am and Preschool Storytime every Tuesday at 10am. Check website for any date changes. No registration is required.

- Yoga with Reb Andrews 9am every Monday, 8 week sessions/\$5 per week

- Tai Chi every Wednesday, 9am beginners class, 10am advanced class, cost is \$5 per session

- The Boyne District Library Book Club meets at 7pm. Information at www.boynelibrary.org.





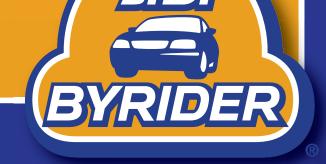
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